



Do not bite your nails



Do not pick your nose



Do not lick handles or any objects



Do not shake hands



Do not touch your face (or let others do it)



Do not high five



Avoid hugging others



Don't share toys that you put in your mouth



Keep distance from those who are sick



Cough or sneeze into your elbow



Wash your hands

# LEARN WITH MONSTER HOW TO AVOID GETTING SICK

